



As adults and as parents, we can do a great deal to manage the impact of adolescence which can be a

Standing firm and holding onto one's values in the face of bombardment from adolescents, who proporta

Thoughtful — not perfect — parents can create thoughtful adolescents and in turn thoughtful, responsible adults who are well integrated in society.

One conclusion the authors arrive at in the work they do is that parents often need more

guidance than the adolescents themselves, and these two authors offer that guidance in ***The Adolescent Storm***